

SUGGESTED USE:

As a nutritional supplement, adults take 1 or 2 capsules preferably 30 minutes before meals up to 3 times daily, or as directed by your health care professional. Capsules can be opened and mixed in food.

WARNING:

KEEP OUT OF REACH OF CHILDREN.

Consult your health care professional before using if pregnant or nursing, have an existing health condition or are taking prescribed medications. Do not use if you are allergic to any contained ingredients. Discontinue use if any adverse reactions occur. Store at room temperature. Do not use if seal around cap is broken or missing.

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Rev. G0518



Dietary Supplement
100 Vegetable Capsules

Supplement Facts

Serving Size: 1 Vegetable Capsule

Servings Per Container: 100

Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	20 mg 22%
Vitamin E (as d-alpha tocopheryl acetate)	2 mg 13%
Thiamin (as thiamine HCl)	2 mg 167%
Riboflavin (as riboflavin)	0.5 mg 38%
Niacin (as niacinamide)	10 mg 63%
Vitamin B6 (as pyridoxine HCl)	5 mg 294%
Folate (as Quatrefolic®(6S)-5-methyltetrahydrofolic acid and folic acid)	600 mcg DFE 150%
Vitamin B12 (as methylcobalamin)	130 mcg 5417%
Pantothenic Acid (as calcium-D-pantothenate)	1 mg < 1%
Choline (as choline bitartrate)	1 mg < 1%
Zinc (as zinc oxide and zinc picolinate)	0.5 mg 5%
Selenium (as selenomethionine)	200 mcg 364%
Manganese (as TRAACS® manganese bisglycinate chelate)	0.2 mg 9%
Chromium (as chromium picolinate)	33 mcg 94%
Proprietary Blend	426 mg *

DL-Phenylalanine, L-Tyrosine, L-Isoleucine, L-Valine, L-Leucine, DMAE (bitartrate), SerinAid 70P® (as phosphatidyl serine), Magtein, Fulvic Acid, Inositol, L-Glycine, GABA, Methylsilyfonyl Methane (MSM), PABA

*Daily Value not established.

Other ingredients: hydroxypropyl methylcellulose (capsule), rice flour.

This product contains No sugar, No salt, No wheat, No gluten, No yeast, No milk, No eggs, No fish, No crustacean shellfish, No tree nuts, No peanuts, No corn, No preservatives, No artificial colors or flavors

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